

# Dr. Judith González



Thank you so much for taking the time to read my brief story. I am privileged to be part of this group. My aspiration is that you could evoke who you are and motivate yourself to continue to be you (self-examination), be present (self-efficacy), and be “a present” (purpose).

I start with a generalization. “I have performed all kinds of jobs.”

Remember: “All generalizations are false, including this one” -Mark Twain.

I’ve worked as a medical assistant/secretary at a radiology department and a pharmacist assistant for a big hospital; I’ve been a teacher at an elementary school; a legal transcriptionist for a legal office; and a housekeeper/cleaner at an apartment complex. On every occasion, I have picked up new skills and collected valuable experience that has led me to where I am today.

I have worked as a clinical psychologist, professor, advocate, researcher, collaborator, integrated whole person care consultant, and behavioral health consultant, which has put me in a range of settings (e.g., Victory Mission, The Cardinals).

The most fulfilling and impactful in my life occurs when I am present. “When I can see the world through the eyes of other, not seen my world reflected in their eyes.” (Rogers)

I am a Mexican woman by birth, mestiza by heritage, American by choice, determined to learn how to be a citizen of the world in passage to an eternal citizenship. Born in a Christian Church’s pastor’s family.

I advocate for equality of all human beings, women and men of all racial and ethnic groups, all economic classes, and all ages.

In my told and untold journey, this is a gigantic challenge that I experience as an advocate for justice, that most people simply don’t know or see.

## **I pledged:**

- Equity as a social justice, advancing human flourishing by opposing injustice and practice that demean, diminish, marginalize, dominate, abuse, enslave, exploit or restrict other human beings.
- Intentional commitment to discern the issues facing the world using a contextual approach as opposed to a systemic approach.
- Embracing the distinct needs and issues of each challenge; mindful of historical, cultural, and geographical sensitive.
- I desire to let God inspire my actions to provide viable change in my personal live that may affect the communities I represent and the systems I engage.
- I feel intrigued and engaged as I prepare to learn from you in this process.
- Let us dream fearlessly!